

Note: When playing Roll Timing Short, work towards even 32nd note diddles, even stick heights, and keeping very aware of the second note of the diddle. Start this by going for a stick height of 6 inches throughout the exercise. Be especially aware of timing from the check pattern to the accent pattern, being sure to always keep your hands moving in constant 16th notes.

As always, work from slow to fast, not moving on to the next pattern or the next tempo without first mastering the previous pattern at a variety of tempos.

Roll Timing Short

The exercise consists of 15 measures of music, each containing a sequence of 16th notes. Measure 1 is labeled "check pattern". Measures 2 through 15 are numbered 1 through 15. The notation shows a progression of rhythmic patterns, including accents and rolls, designed to be played in constant 16th notes.

Tenor Arouds (also used for 15 Accent Patterns and 15-Tap Timing)

The Tenor Arouds exercise is divided into four parts:

- Down:** A sequence of notes with a downward rhythmic pattern.
- Up:** A sequence of notes with an upward rhythmic pattern.
- Inverse:** A sequence of notes with an inverted rhythmic pattern.
- Invader:** A sequence of notes with a specific rhythmic pattern.