



Double Beat Exercises


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1. **C**

 RRRRRR RRRR LLLLLL LLLL RLRLRLRLRLRLRL RLLRLLRLLRLL

2. **C**

 RRLRRLRLRLR LRLRLRLRLRL RLRLRLRLRLRL RLLRLLRLLRLL

3. **6/8**

 R L R L R L L R L L R L L R L L R L L R L L R L L R L L

4. **C**

 RRRRRR RRRR LLLLLL LLLL RRRRRRRRRR LLLLLLLLLL

5. **3/8**

 R R RR R RR R RRR R RR R RRR R RR RLRLRLRLRL RR
 L L LL etc....