

Percussion Student Practice Guide



By Jeff Handel

Supplementary Music @
www.HandelPercussion.com

Basic Warm-up Exercises

Jeff Handel

8 on-a-hand



R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L

Legato 16th's



RRRRRRRR LRLRLRLRLRLRL LLLLLLLL RLRLRLRLRLRLRL

Accent/Tap



R R R ...
L L L ...

Double Beat



RRRRRR RRRR LLLLLL LLLL RLRLRLRLRLRL RRLLRRLLRRLL

Digga-Digga Burr



RLRLR RLRLR RLR RLR RLRR LRLRL LRLRL LRL LRL LRL LRLL

Accent Tap Exercises

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1. **R - R** ... **1 Accent** **2 Accents** **4 Accents**

2. **R R** ...

3. **R R R** ...
> > > > **> > > >** **> > > >** **> > > >** **> > > >**

4. **12** **8** **C** **12** **8**
R R ...
> > > > **> > > >** **> > > >** **> > > >** **> > > >**

5. **R R** ...
> > > > **> > > >** **> > > >** **> > > >** **> > > >**

6. **R R R R R R R R** **R R R R R R R R** **R R R R R R R R**
R L L L L L L L L **R L L L L L L L L** **R R R R R R R R**
R R R R R R R R **R R R R R R R R** **R R R R R R R R**

Note: When practicing 15 Tap-Timing, the main goal is to play each and every rhythm perfectly. This is accomplished by playing each rhythm with a metronome, being sure that all notes line up perfectly with the tempo. In addition, strive to feel each hand in its constant motion as in examples 5 and 6, with 5 being an example of the L hand in constant motion, and 6 being an example of the right. Play each example at various tempos and at all dynamic levels.

15 Tap-Timing

Jeff Handel

The image shows a musical score for a shakuhachi instrument, consisting of five staves of music. The first staff is labeled "check pattern". Above the music, numbered boxes (1 through 15) indicate specific performance techniques or fingerings. Staff 1 shows a continuous sequence of eighth-note pairs. Staff 2 shows a sequence of eighth-note pairs followed by eighth-note triplets. Staff 3 shows eighth-note triplets. Staff 4 shows eighth-note pairs. Staff 5 shows eighth-note pairs followed by eighth-note triplets. Staff 6 shows eighth-note triplets. Staff 7 shows eighth-note pairs. Staff 8 shows eighth-note pairs followed by eighth-note triplets. Staff 9 shows eighth-note triplets. Staff 10 shows eighth-note pairs. Staff 11 shows eighth-note triplets. Staff 12 shows eighth-note pairs. Staff 13 shows eighth-note pairs followed by eighth-note triplets. Staff 14 shows eighth-note triplets. Staff 15 shows eighth-note pairs.

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Note: When Practicing 15 Accent Patterns, be sure to follow the same guidelines as when playing Accent/Tap exercises. Keep both tap and accent stick heights consistent throughout the exercise. Be especially aware of timing from the check pattern to the accent pattern, being sure to always keep your hands moving in constant 16th notes.

As always, work from slow to fast, not moving on to the next pattern or the next tempo without first mastering the previous pattern at a variety of tempos.

15 Accent Patterns

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check pattern

1 > > > 2 > > > 3 > > >

4 > > > 5 > > > > > > 6 > > > > > > > 7 >> >> >>

8 >> >> >> 9 >> >> >> 10 > >> >> >> > 11 >>> >>> >>> >>>

12 > >> >> >> > 13 >> >> >> >> >> 14 >>> >>> >> >> >> 15 >>>> >>>> >>>>

Triplet Accent Exercises

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15 Accent Patterns Applied

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1. **E**

2. **E**

3. **E**

4. **E**

5. **E**

6. **E**

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Three Camps or Points of War

Traditional

1.

2.

3.

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Drags

Tap Rolls

Flams

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Singles Exercises

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Double Beat Exercises

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Paradiddle Extension

Roll Timing Exercises

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Rudiment Breakdown

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Basic Drumset Patterns

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10 Basic Snare Drum Patterns

The score consists of ten staves, each representing a different rhythmic pattern. The patterns are as follows:

1. A pattern of eighth notes with arrows pointing to the first note of each measure.
2. A pattern of eighth notes with arrows pointing to the second note of each measure.
3. A pattern of eighth notes with arrows pointing to the third note of each measure.
4. A pattern of eighth notes with arrows pointing to the fourth note of each measure.
5. A pattern of eighth notes with arrows pointing to the fifth note of each measure.
6. A pattern of eighth notes with arrows pointing to the sixth note of each measure.
7. A pattern of eighth notes with arrows pointing to the seventh note of each measure.
8. A pattern of eighth notes with arrows pointing to the eighth note of each measure.
9. A pattern of sixteenth notes with arrows pointing to the first note of each measure.
10. A pattern of sixteenth notes with arrows pointing to the second note of each measure.